

# 4on4 Sand Volleyball Rules

**Game time is forfeit time.**

All intramural volleyball rules will apply with the following modifications.

## **1. Team Requirements**

- A team consists of four players. A team may start and play the match with a minimum of three players. A maximum of five individuals per team may play in any one contest.
- If a team is forced to play with less than three players, the match will be considered a default.

## **2. Serving Area**

- The serve must be made from behind the back line and within the sidelines.
- Teams must rotate clockwise prior to their new service.

## **3. Game Timing and Scoring**

- A match will consist of the best two out of three games with rally scoring in each game.
- For each game, the first team that scores 21 points and is ahead by two points is declared the winner. Otherwise the winner will be the first team to 25.
- One 30-second time out per team per match.
- Flip of a coin will decide which team gets choice of service or court. Second game, courts are switched and if a third game is necessary, courts are changed at eight points. Service is decided by a flip of the coin in the third game.

## **4. Co-ed. Modifications**

- Must be either 2M/2F or 1M/2F or 2M/1F
- During a three touch play a female must be involved in one of the touches.