

**Rotation:
Sports Medicine Curriculum
Integrative Discipline (no defined rotation)**

Goals:

Achieve a competence level appropriate for a general internist in the field of sports medicine.

Objectives:

By the end of the Sports Medicine Curriculum, PGY-1 residents are expected to expand and cultivate skills and knowledge learned during previous training and to achieve the following objectives based on the six general competencies. The resident should exhibit an increasing level of responsibility and independency as he or she progresses throughout the year.

Competency	Required Skill(s)	Teaching Method(s)	Formative Evaluation Method(s)	Frequency of Evaluation
Patient Care	SPECIALTY SPECIFIC OBJECTIVES			
	Describe the key elements of a preparticipation examination in both the history and the physical examination.	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Describe methods of injury prevention for athletes	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Evaluate and manage specific athletic injuries including ankle sprains, plantar fasciitis, epicondylitis, and ligamentous knee injury	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Recognize the need for X-rays and orthopedic referral in the evaluation of sports injuries	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Identify and list the indications for the most commonly used supports, braces, and casts.	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Interpret the results of a preparticipation examination to determine additional workup and restrictions on athletic activity	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Medical Knowledge	SPECIALTY SPECIFIC OBJECTIVES		
Practice Based Learning and Improvement	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			
Interpersonal and Communication Skills	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			

Professionalism	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			
Systems-Based Practice	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			

By the end of the Sports Medicine Curriculum, PGY-2 residents are expected to expand and cultivate skills and knowledge learned during previous training and to achieve the following objectives based on the six general competencies. The resident should exhibit an increasing level of responsibility and independency as he or she progresses throughout the year.

Competency	Required Skill(s)	Teaching Method(s)	Formative Evaluation Method(s)	Frequency of Evaluation
Patient Care	SPECIALTY SPECIFIC OBJECTIVES			
	Describe the key elements of a preparticipation examination in both the history and the physical examination.	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Describe methods of injury prevention for athletes	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Evaluate and manage specific athletic injuries including ankle sprains, plantar fasciitis, epicondylitis, and ligamentous knee injury	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Recognize the need for X-rays and orthopedic referral in the evaluation of sports injuries	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Identify and list the indications for the most commonly used supports, braces, and casts.	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Interpret the results of a preparticipation examination to determine additional workup and restrictions on athletic activity	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Medical Knowledge	SPECIALTY SPECIFIC OBJECTIVES		
Practice Based Learning and Improvement	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			
Interpersonal and Communication Skills	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			
Professionalism	SPECIALTY SPECIFIC OBJECTIVES			

	See General Internal Medicine Objectives for a comprehensive list.			
Systems-Based Practice	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			

By the end of the Sports Medicine Curriculum, PGY-3 residents are expected to expand and cultivate skills and knowledge learned during previous training and to achieve the following objectives based on the six general competencies. The resident should exhibit an increasing level of responsibility and independency as he or she progresses throughout the year.

Competency	Required Skill(s)	Teaching Method(s)	Formative Evaluation Method(s)	Frequency of Evaluation
Patient Care	SPECIALTY SPECIFIC OBJECTIVES			
	Describe the key elements of a preparticipation examination in both the history and the physical examination.	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Describe methods of injury prevention for athletes	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Evaluate and manage specific athletic injuries including ankle sprains, plantar fasciitis, epicondylitis, and ligamentous knee injury	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Recognize the need for X-rays and orthopedic referral in the evaluation of sports injuries	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Identify and list the indications for the most commonly used supports, braces, and casts.	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Interpret the results of a preparticipation examination to determine additional workup and restrictions on athletic activity	Clinical Teaching Conferences	ABIM global assessment Written Exam	
	Medical Knowledge	SPECIALTY SPECIFIC OBJECTIVES		
Practice Based Learning and Improvement	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			
Interpersonal and Communication Skills	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			
Professionalism	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a			

	comprehensive list.			
Systems-Based Practice	SPECIALTY SPECIFIC OBJECTIVES			
	See General Internal Medicine Objectives for a comprehensive list.			

Learning Venues:

The key learning venue for the entire housestaff will be the noon conference series which will address all the objectives: listed above. Clinical rotations that will permit almost all housestaff to apply this knowledge base include emergency medicine (especially at Baptist), minor medicine clinics, Rhodes College Clinic, rheumatology, and office-based orthopedics. The ambulatory ward syllabus has several articles on the topics above. Key references include the Goroll and Barker ambulatory care textbooks and B.C. Anderson's Office Orthopedics for Primary Care Diagnosis and Treatment.

Competency Evaluation:

The rheumatology, office-based rheumatology/orthopedics, and emergency medicine rotations will include test questions dealing with sports medicine topics. An 80% score on these tests is considered necessary for a satisfactory or superior score on medical knowledge as part of the ABIM Global Assessment.

Outcomes Assessment:

Specific questions on the annual departmental survey of program graduates will be included on sports medicine.